

breakfast

continental ~ a selection of delectable miniature pastries (assorted croissants, muffins and danishes) and fresh fruit skewers attractively presented, includes butter and preserves **\$7 pp**

healthy ~ fruit salad, yoghurt and homemade granola **\$10 pp** (minimum of 8)

savoury ~ a selection of savoury croissants, spinach & ricotta tarts and fresh fruit skewers **\$13 pp**

breakfast croissant 3 varieties ~ herb goat cheese & smoked salmon, egg & braised spinach, ham & cheese **\$6 each** (minimum of 6)

à la carte*

- croissant / pastry (full size) \$2.50
- one dozen mini pastries \$16
- bagel \$2
- muffin \$2.50
- granola bar \$2.50 (minimum of 6)
- yoghurt \$2
- 2 fruit skewers \$5

*minimum order applies

sandwiches

Served on a selection of fresh baked breads including: panini, kaiser, ciabatta, multi-grain bagel, onion bun & wheat tortilla. **\$9 each**

prosciutto, arugula, sliced pear, olive oil, avocado puree, shaved parmesan

crab salad, truffle mayonnaise, diced mango, shallots, boston lettuce, chives

smoked ham & brie, caramelized onion, roasted tomato, boston lettuce

chicken caesar tortilla, romaine, caesar drizzle, grated parmesan, crispy pancetta in a wheat tortilla

beef ribs, micro cabbage, barbeque drizzle, roasted tomato, pickled cucumber

roasted vegetables & tofu, pesto, caramelized onion, balsamic goat cheese spread

greek vegetarian tortilla, tomato, olives, feta, cucumber, dill in a wheat tortilla

smoked salmon, celery, dill, tomato on a multigrain bagel

flank steak, onion marmalade, barbeque sauce

tuna salad, red & yellow peppers, celery, green onion, mayonnaise

chicken club, tomato, avocado, mayonnaise, bacon

boxed lunch

The perfect solution for meals on-the-go or for a working lunch. Our boxed lunches are packaged individually in high quality disposable boxes and include any one of our delicious sandwiches, mixed greens or pasta salad, two cookies, a napkin and a fork.

\$14 each (minimum of 4)

classic salads

For optimal flavour, dressing will be packaged separately for tossing à la minute.

small \$28 (serves 6-8 side portions) large \$40 (serves 10-12 portions)

mixed greens, radishes, cherry tomatoes, balsamic dressing

young romaine, caesar dressing, herb croutons

pasta primavera, tomato coulis, ratatouille, basil, chive, baby arugula

exotic salads

For optimal flavour, dressing will be packaged separately for tossing à la minute.

small \$40 (serves 6-8 side portions) large \$55 (serves 10-12 side portions)

roasted vegetable salad, feta, pesto & thyme

wokked mushrooms, baby spinach, shredded green apple, crumbled goat cheese

asian salad, napa cabbage, palm sugar chili sauce (small \$28, large \$40)

maple syrup pork loin salad, baby spinach, blue cheese, sweet potatoes
(without pork, small \$32, large \$45)

mains

Prepared to be served at room temperature, offering enhanced flavour and flexibility for serving time. Sauces can be packaged separately.

lamb loin, roasted sweet potatoes, baby carrots, honey mustard sauce \$16 pp

roasted salmon, marinated tomato tart, braised spinach, red pepper coulis \$15 pp

barbeque chicken breast, roasted tomato, swiss cheese potato gratin \$15 pp

turkey meat loaf, mustard whipped potato, pearl onion, rosemary glaze \$14 pp

sautéed tofu, white beans & ratatouille medley, pesto \$13 pp

penne pasta, herb chicken, arugula, parmesan \$13 pp

*minimum order of 4 of each main

prix fixe \$19 pp (minimum of 8 people)

choose 1-2 mains

choose one classic salad

includes assorted miniature desserts

Senses also offers **canapés, cheese & crostini platters, custom party cakes** and more. Please inquire for additional menus and to discuss a custom menu for your special event.

Please let us know if there is anything we can do to make your order even more fabulous. Contact our **corporate services manager** for help with all of your corporate entertaining needs at 416.597.6374 or corporateservices@senses.ca

dessert

individual desserts \$7 each

italian cheesecake, vanilla & raspberry charlotte, chocolate blackout, lemon tart

senses miniature desserts \$39 per dozen (minimum one dozen)

assorted selection: chocolate blackout, cassis mousse, pear tart, coconut mousse, raspberry charlotte, pecan pie

senses cakes 4" \$18 (serves 4-6) **8" \$36** (serves 8-10)

please ask for a list of our cake selections

dark chocolate brownies \$30 per dozen

senses cookies small \$24 (24 cookies) **large \$36** (36 cookies)

assorted selection: cocoa espresso, peanut butter, pecan sables, biscotti, oatmeal

fresh fruit skewers mix of seasonal fruits **\$5 pp** (minimum of 4)

beverages

senses bottled water **\$1.75**

san pellegrino sparkling water **\$2**

soft drinks (coke, diet coke, sprite, ginger ale) **\$1.75**

san pellegrino soft drinks (aranciata, limonata) **\$2**

juice (orange, cranberry, mango) **\$2.50 each**

infinite health water – blueberry pomegranate **\$3.50**

dishware/cutlery (optional)

Napkins and serving utensils accompany every order. Quality disposable dishware, napkins and cutlery are available and priced per person. Boxed lunch includes all required items.

\$1.50 per person (includes knife, fork, linen-like napkin and dinner-sized plate)

presentation

Our breakfasts and lunches are beautifully presented on high quality disposable trays or in bowls. Dressings will be packed and shipped in individual containers to serve on the side or for tossing à la minute.

ordering instructions

To order please call 416.597.6374 or email sensesatwork@senses.ca.

Please allow 24 hours notice (we will try to accommodate late orders; please call to inquire).

- minimum order is **\$50**
- delivery charge will apply
- a credit card number is required for first order
- cancellation fees apply; please inquire for details